



Indian Head Massage

	30 min.
Student	£20
Staff	£25
General Public	£25

Indian Head Massage is also beneficial to the mind and body. Although the massage is only applied on the shoulders, neck and face it affects the whole body.

To make an appointment text Marie-Ange on **07449 171 975** or email [**ange.harmony@yahoo.co.uk**](mailto:ange.harmony@yahoo.co.uk)



Reiki

	50 min.
Student	£30
Staff	£39
General Public	£40

Reiki is a gentle yet powerful energy therapy which brings the body, mind and spirit into harmony.

To make an appointment text Marie-Ange on **07449 171 975** or email ange.harmony@yahoo.co.uk



Natural Face Lift Massage

	60 min.
Student	£40
Staff	£45
General Public	£50

The Natural Face Lift massage is a gentle, pampering and relaxing massage performed over the face and facial contours which leaves the recipient feeling calm and totally relaxed.

To make an appointment text Marie-Ange on **07449 171 975** or email [**ange.harmony@yahoo.co.uk**](mailto:ange.harmony@yahoo.co.uk)



Hand and Arm Massage

	30 min.
Student	£20
Staff	£25
General Public	£25

Hand and Arm Massage is a wonderful massage technique which helps loosen tight hand muscles relieves every day aches and encourages joint mobility. It produces a feeling of balance, relaxation and well-being.

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